



NEWS RELEASE

FOR IMMEDIATE RELEASE

Health Tips Feature Added to Central District Health Department Web Page: "Here's to Your Health"

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In observance of National Public Health Week, April 2 – 8, 2001, Central District Health Department (CDHD) will launch a new feature on its web page called "Here's to Your Health". This section will feature information that will help the public stay current on important issues that may affect their health.

"Healthy People in Healthy Communities" is the focus of this year's National Public Health Week. This national celebration provides an opportunity to spotlight and recognize the contributions of public health to our nation's well being. The goal of this special week is also to focus public attention on major health issues in our communities.

Kathy Holley, CDHD Director, states, "U.S. residents are living 30 years longer than they did in 1900. At least 25 years of increased life expectancy are attributed to advances in public health. Public health has contributed to the decline in illness and injury, including heart disease and stroke, tobacco-related diseases, infectious disease, and motor vehicle and workplace injuries."

Dieuwke Spencer, Supervisor of CDHD's Office of Epidemiology & Surveillance, adds, "Public health succeeds by identifying and addressing patterns of disease, illness and injury in population groups. Public health is about ensuring healthy living and working environments. By visiting our website, the public can access information to help them make informed health decisions."

Check out what's new in public health by visiting Central District Health Department's website at **www.cdhd.org**. You can't go through a day without the positive effects of public health.

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